

**38th RUNNING
OF NORTHFIELD'S
FRANK CONNOLLY
MEMORIAL MILE RUN**

July 4, 2019

8:30 AM Start – Dolphin Avenue & Shore Road

T-Shirts Sponsored by the Northfield Education Association

Prizes: Overall Winner – male & female will receive \$100 each.
Northfield resident – Top male & female, Jr. & Sr. division.
Top three finishers receive Medals in each age group.

Cost: \$5.00 entry fee

Registration: Register day of race – Dolphin Avenue – 7:30 to 8:15 AM.
T-Shirts go to the first 200 Finishers at the end of the race.

Description: A beautiful tree-lined, traffic-free, and straight one mile run on Shore Rd from Dolphin Ave to Northfield City Hall held before the Annual Northfield 4th of July Parade. Phenomenal \$5 Entry- Bring the whole family to Run! Adult competitive and family friendly with children specific age group awards. Age groups: 9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & up. Recognition of youngest and oldest runner!

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In consideration of my accepting this entry, I hereby waive ALL rights and claims against Northfield Family Association, City of Northfield, and against all race directors, volunteers, etc. from any and /or all injury suffered by me as a result of my participation in this race to be held on the above state date and time.

Participant's Name _____

Address _____

Age _____ **Signature** _____

Parent/Guardian signature _____
(if under 18 years old)