For release on July 31st and August 7th

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Panini Cooking Demonstration at the Northfield Public Library

At 7 p.m. on Tuesday, August 12th at the Northfield Public Library, 241 Mill Road in Northfield, you can learn how panini are made. These are the delicious pressed and grilled Italian sandwiches stuffed with meats, vegetables and cheeses. You will learn about the best types of bread to use, the different ingredients and condiments, and the best equipment for preparing panini.

You can sample a roast turkey panini with Provolone cheese, Portobello mushrooms and roasted red peppers; a tuna panini with cucumbers, black olives and Swiss cheese; and a baked ham panini with grilled zucchini, Cheddar cheese and a tangy sauce of orange marmalade and grated horseradish. We even have a dessert panini: this is an Italian version of "S'mores" that's made with slices of pound cake, hazelnut spread and strawberries.

Admission is free but seating is limited, so come early and don't forget to bring a napkin, because we'll have samples for everyone to taste! For more information, contact the Northfield Public Library at 646-4476.